Who We Are

Our Mission
HEAL (Health, Equity, Action, and Leadership) trains and transforms frontline health professionals through building a community dedicated to serving the underserved as their life-long choice.

Our Vision
At HEAL, we believe health is achievable for even the most vulnerable populations in our world when we apply principles of equity, justice, and solidarity.

We believe that people coming together can transform systems. Through the process, we also continue to be transformed.
HEAL’s Core Principles

• **Commit** to serving the underserved

• Learn from **immersive experiences** of delivering care. Our work is our greatest teacher

• Build a **community of practice** – to reflect, act, and walk together

• **Transform** ourselves, our community, and our patients though actively engaging with the personal, the social, and the systemic
“We created HEAL as the program we wish existed as we started our global health journey.”

Sri: UCSF Associate Professor of Medicine, HEAL Co-Founder. Over a decade of working in underserved communities from South Los Angeles to rural India. Committed to linking personal transformation to systems change.

Joseph: HEAL Program Director. Joined HEAL after Global Health Corps and subsequent years of work in East Africa. Brings deep programmatic experience to wellbeing and community components of HEAL’s program.

Sangeeta: HEAL Strategy & Ops Director. Over a decade of health systems strengthening work in West, Central, and Southern Africa embedded in governments as well as NGO, funder, and multi-lateral partners.
“We created HEAL as the program we wish existed as we started our global health journey.”

Robin: Internal Medicine Faculty at VA, Oregon Health System, HEAL Curriculum Director. Deep experience providing care from rural Haiti to a county hospital in California & driven by a love and expertise in teaching.

Ethel: UCSF Assistant Professor of Medicine, HEAL Mentorship Director. Several years of experience in Liberia including Ebola response. Studied mentorship programs around the world. Trained in quality improvement.

Phuoc: UCSF Associate Professor of Medicine and Pediatrics, HEAL Co-Founder. Mentored by Jim Kim and Paul Farmer, Phuoc has worked around the world including Haiti post earthquake, and Liberia during Ebola.
HEAL Values

Community of Practice

Health Equity

Context-driven

Equitable Partnerships

Humility

Solidarity & Advocacy
Context: Unmet Needs

**UNMET PASSION**
of American Health Professionals

**HEAL INITIATIVE**

**UNMET NEED AT HOME**
in America

**UNMET NEED ABROAD**
in Developing Countries
Unmet Need at Home & Abroad

Level of Shortage

Low

High

Level of Shortage

Low

High
Core Fellowship Elements

- Immerse experiences serving the underserved
- Community of practice
- Mentorship
- HEAL Global Health Training
- Professional Development
- Ongoing curricula
Program Components

- Collaboration with peers
- Social medicine training
- Experiential training
- Structured mentorship
- Ongoing, Immersive curriculum
- UCSF salary and professional development support
Rotation Model
## Curriculum: Global Health Training

### Week 1: July 9 - July 15

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<thead>
<tr>
<th>Time</th>
<th>Sunday</th>
<th>Monday</th>
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<th>Saturday - UC Berkeley</th>
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<tbody>
<tr>
<td>8:00 - 9:00 AM</td>
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<td><strong>Introduction to HEAL</strong></td>
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<td><strong>HEAL Fellow Stories</strong></td>
<td><strong>Global Health in Context</strong></td>
<td><strong>Understanding Your Health System</strong></td>
<td><strong>Meaning as a Source of Resilience</strong></td>
<td><strong>Introduction to Advocacy</strong></td>
<td><strong>Media Advocacy</strong></td>
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<td><strong>HEAL Fellow Stories</strong></td>
<td><strong>Structural Competency</strong></td>
<td><strong>Understanding Your Health System</strong></td>
<td><strong>Meaning as a Source of Resilience</strong></td>
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<td><strong>HEAL’s Advising Model</strong></td>
<td><strong>Power and Privilege</strong></td>
<td><strong>Fellow Presentations #1</strong></td>
<td><strong>Exercising Leadership</strong></td>
<td><strong>Identity &amp; Power</strong></td>
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<td>1:00 - 2:00 PM</td>
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<td><strong>Setting goals and structuring mentorship</strong></td>
<td><strong>Pro-social emotions as a Source of Resilience</strong></td>
<td><strong>Fellow Presentations #2</strong></td>
<td><strong>Exercising Leadership</strong></td>
<td><strong>Identity &amp; Power</strong></td>
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<td>2:00 - 3:00 PM</td>
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<td><strong>Communication Across Our Community</strong></td>
<td><strong>Professional Development</strong></td>
<td><strong>Office Hours with Denah</strong></td>
<td><strong>Managing Conflict</strong></td>
<td><strong>Introduction to Public Narrative</strong></td>
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<td>3:00 - 4:00 PM</td>
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<td><strong>Daily Debrief</strong></td>
<td><strong>Logistics</strong></td>
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<td><strong>Closing The Day</strong></td>
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<td>4:00 - 5:00 PM</td>
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<td><strong>Evening Welcome!</strong></td>
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### Week 2: July 16 - July 22

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### Key

- **#1 Clinical**
- **#2 Health Systems**
- **#3 Leadership**
- **#4 Teaching**
- **#5 Advocacy**
- **#6 Ethics**
- **HEAL Fellowship Services**
- **Well-being**
Curriculum: Hands-On Training
Curriculum: Core Competencies

1) Adherence to principles of health equity and ethics
2) Effective engagement with local health system
3) Advocacy for communities, health systems, and patients
4) Provision of high quality care focused on local burden of disease
5) Demonstration of leadership and interprofessionalism
6) Development of strong and diverse teaching skills
Advocacy

The Natural Attorneys of the Electronic Medical Record

Dr. Tim Lash | Sep 13, 2016

FRANK SPERLING

The Lash, MD, worked as a researcher in the Medical Research Unit at the University of Washington in Seattle. He has a background in economics and statistics, and has presented his research to various audiences, including health care professionals and policymakers. His research focuses on the economic factors that influence access to medical care, including the role of insurance coverage, the cost of medical care, and the impact of government policies on health care outcomes.

Poverty Calculus

by Dr. Reza D. Ghazi

Working to Bridge the Gap Between Coverage and Care in Rural Chiapas

by Dr. Alexa Lindley

Given the current political debate about healthcare coverage in the United States, the topic has been on the minds of many patients and providers, including mine.

The Last Ride Home

by Dr. Tamara S. Augustine

He was about 11 years old on his way home from school. I imagine what his day was like. He was maybe late for class. Perhaps, like most boys his age he might have been disruptive. Or maybe he was the studious type and he sat quietly in the corner trying to get every sum right. The end of the school day would have arrived and he would have eagerly grabbed his school things to head home as he had done every other day. He would get home, hopefully have a meal, do housework, then play until bedtime.
Mentorship
2018 – 2020 Partner Sites
Join HEAL If You…

• Want to be a part of a trans-national and inter-professional movement for health equity deeply rooted in the experience of local organizations, communities, and patients.

• As an American physician, you want an opportunity to support and advance health professionals from underserved communities

• Want to be part of a community of diverse mentors and organizations doing incredible global health work.
For Physician Applicants

- Strong commitment to social justice and health equity.
- US citizen or permanent resident
- Completed or be in the final year of a residency program at an accredited, US-based institution and/or be licensed to practice medicine in the United States.
- Specialized in: Internal Medicine, Family Medicine, Med-Peds, Pediatrics, Psychiatry, Anesthesiology or General Surgery.
- 1st generation health professionals or underrepresented minorities especially encouraged to apply
Fellow Benefits

- Standard PGY4 Salary
- UCSF Fellow Benefits
- Malpractice Insurance
- International Housing Support
- Travel Costs
- UCSF Library Resources
Application Process

1. VISIT HEAL WEBSITE
   http://healinitiative.org

2. START THE APPLICATION
   Read about available positions.

3. INCLUDE 3 REFERENCES
   Indicate positions of interest.
   One reference must be residency/program director.

4. DRAFT PERSONAL STATEMENT

5. SUBMIT APPLICATION!
   Let us know why you're passionate about global health equity!
   Final Deadline 1 October 2017

6. QUESTIONS
   Email us at info@healinitiative.org